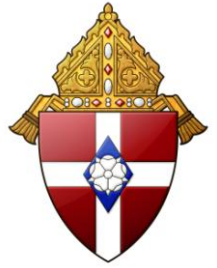




INSTITUTE OF LAY FORMATION

Diocese of Winona-Rochester

Forming lay women and men for discipleship and Gospel witness



PROGRAM OVERVIEW

*The diocesan **INSTITUTE OF LAY FORMATION** is a program and process of prayer, study, and reflection on the Catholic Faith, on the life of discipleship and witness in the world, and on service and ministry within the Church.*

Areas of Formation...

The Institute has three aspects of its formation:

- ❖ **Catechesis** (Intellectual Formation)
- ❖ **Lay Leadership** (Human and Pastoral Formation)
- ❖ **Prayer and Reflection** (Spiritual Formation).

Year by Year Program...

CREDO ~ TOGETHER IN FAITH (Year I)

- ♦ Catechesis: “The Creed” / “Scripture”
- ♦ Lay Leadership: “Holiness and Discipleship”
- ♦ Prayer and Reflection: “Prayer and Discernment” retreat

OREMUS ~ TOGETHER IN PRAYER (Year II)

- ♦ Catechesis: “Sacraments and Prayer” / “Church History”
- ♦ Lay Leadership: “Evangelization and Witness”
- ♦ Prayer and Reflection: “Charisms and Personal Vocation” retreat

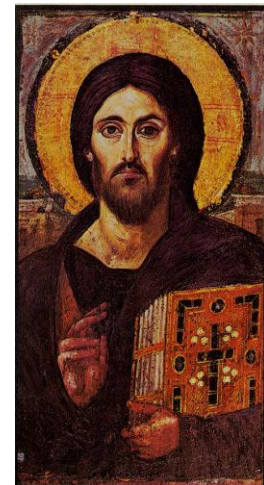
CARITAS ~ TOGETHER IN SERVICE (Year III)

- ♦ Catechesis: “Christian Morality” / “Lay Vocation”
- ♦ Lay Leadership: “Service and Ministry”
- ♦ Prayer and Reflection: “Lay Spirituality” retreat

EMMAUS ~ TOGETHER IN CHRIST (Ongoing Formation for Institute alumni)

Session Schedule...

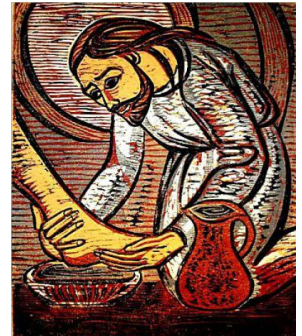
During each of its three formation years, the Institute program consists of eight Saturday sessions (from 9:00 am - 3:00 pm) held from September through April, and a weekend retreat at the conclusion of the year (from Friday evening through Saturday afternoon). Each Saturday session is devoted to prayer, instruction, discussion, and reflection. Students have the option of completing one, two, or all three years of the formation process. After successfully completing their formation process, students are formally commissioned for lay leadership in service to the people of God in the Diocese of Winona-Rochester.



Entrance Guidelines...

Students in the **INSTITUTE OF LAY FORMATION** ...

- ❖ are able to commit to the requirements of the program.
- ❖ have a desire for renewal and growth in their faith lives.
- ❖ have the support of their pastor.
- ❖ have the support of their spouse, if married, and family.
- ❖ are in good physical and emotional health.
- ❖ are active participants in the sacramental life of the Church.
- ❖ have the desire and capacity for serving as lay leaders.
- ❖ are open to people of diverse backgrounds and faith experiences.



Please note that men discerning a possible vocation to the diaconate need to complete the INSTITUTE OF LAY FORMATION as a prerequisite for entrance to diaconate formation in the diocese.

Tuition and Expenses...

The tuition for the 2018-19 formation year is \$325.00. Tuition covers all program-related expenses – instructional expenses (e.g., books and course materials), prayer and worship materials, food, etc. Annual tuition expenses can be paid for in multiple payments over the course of each year, if desired. Students will assume the cost of their travel-related expenses.

Sponsoring parishes/institutions are encouraged to assist their students in covering Institute expenses, if this is possible. Tuition assistance is also available from the diocese, and may be applied for at the beginning of each formation year.

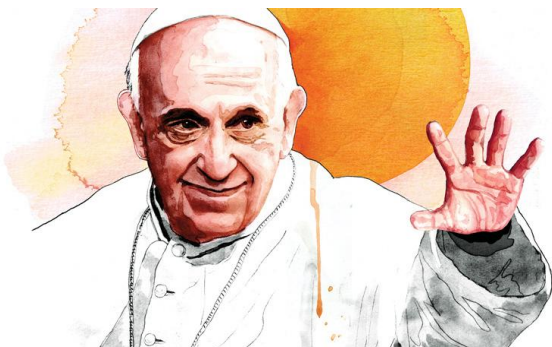
The diocese will work to ensure that financial constraints do not preclude anyone from participating in the Institute of Lay Formation.



For more information...

Contact Todd Graff in the diocesan Office of Lay Formation and RCIA:

- EMAIL: tgraff@dow.org
- PHONE: (507) 858-1270
- WEB: www.dow.org
- ADDRESS: Diocese of Winona-Rochester • PO Box 588 • Winona, MN 55987-0588.



Faith is God's gift and ... it grows thanks to the faith and charity of evangelizers who witness to Christ. As they travel through the streets of the world, the disciples of Jesus need to have a love without limits, the same measure of love that our Lord has for all people. We proclaim the most beautiful and greatest gifts that He has given us: His life and His love.

(Pope Francis, "Message for World Mission Sunday 2016")